

Camp Schedule:

- Stick skills development and fundamentals
- Individual position instruction
- Innovative and fun drills for positional development
- Drills designed for younger boys to captivate their interest in Lacrosse
- Team drills and Team game
- Wrap up, Summary and Contests

PPLC Philosophy

Each Camper will:

1. Improve their game through repetition, innovative drills and games designed to increase your position skills as a player.
2. Be exposed to college, high school and club coaches who will break down your position to the "little things" that will elevate your performance
3. Receive individual instruction in the areas of shooting, checking, saving, stick handling and dodging.
4. Be exposed to coaches who can offer you guidance and help prepare you for your Middle School and High School seasons or a college lacrosse career.

What we will teach!

- *Improve skills through repetition*
- *Innovative drills designed to maximize participate and skills development*
- *Receive individual instructions in areas of throwing, catching, shooting, stickhandling and dodging*



Our Goal:

To provide young lacrosse players with an exceptional and fun experience. One that will better their game. One that will teach and focus on new players during their formative years of learning lacrosse. We will teach players to honor and respect the game and instill a positive foundation for the sport.

Premier Players Lacrosse Camps is sponsored by:



PREMIER PLAYERS
L A C R O S S E C A M P S

Water and water bottles, reversibles and give-aways will be provided during the session.

An athletic trainer will be available at all times to attend to the players' training needs.

Passionate Staff

Camp staff will be comprised of players and dedicated coaches who aspire to teach the game one player at a time. Our staff is eager to share the strategies & tactics that have earned them the pinnacle of success. Our goal is to have you leave the camp better than when you came. Period!

Coaches and Staff

Jeff Goldberg, Camp Director -Head Lacrosse Coach at Saint Andrew's School.

- 12 x State Champion High School Coach

Andy Hilgartner, High School Field Director Head Coach of McDonough School in Maryland

- Coach of the Year in Virginia 2005

Chris Spaulding, Middle School Field Director—Head Coach Lake Highland Prep

- 2008 Central Florida Coach of The Year

RJ Dawson – Assistant Defensive Coach at Saint Andrew's School

Paul Goldsmith – Coach of the Tampa Fire
• Former All-American at Roanoke University

Jeff VanderMeulen – Assistant Head Coach at Lake Highland Preparatory School
• Former Attackman at Colgate University

Brian Cost – Assistant Coach Saint Andrew's School
• 2x All American LeMoyne College

Tom Groeninger – Assistant Coach at Lake Highland Prep

- Former All American goalie University of Virginia

...as well as other coaches and college players

REGISTRATION FORM

Name: _____

Address: _____

City / ST: _____ Zip: _____

Age: _____ Years Playing: _____

HS Clinic _____ Middle School _____

Home Phone: _____

Cell Phone: _____

Parents e-mail: _____

Player e-mail: _____

Emergency Contact: _____

Emer. Contact Phone: _____

School: _____ Position _____

Insurance Provider: _____

Member #: _____

Group# _____

I request that the athlete named above be admitted to and I authorize the Directors and Coaches to act for me according to their best judgment in any emergency requiring medical attention. I waiver release and forever discharge Premier Players Lacrosse Camp it's officers, directors, staff, agents, representatives, employees and assigns of and from any and all rights and claims for damages to person or property which may be sustained or occur during participation in camp activities.

Parents Name: _____

Parents Sign: _____

HOW TO SIGN UP?

- Complete attached application and mail to:

Premier Players Lacrosse Camps
PO Box 812703
Boca Raton, FL 33481

- Make checks payable to:
Premier Players Lacrosse

- Premier Players Lacrosse Info:
www.pplax.com



Questions: Contact Jeff Goldberg at
561-414-6620 or
e-mail at Jeff@lacrossewear.com

Lake Highland Prep High School
901 N. Highland Ave.

*Enrollment Limited to first 150
players!*

Walk-ups accepted if space is available.
Registration Deadline December 22nd!

BRING YOUR OWN EQUIPMENT!



PREMIER PLAYERS
L A C R O S S E C A M P S

**Premier Players
Positional Camp**

ORLANDO
Lake Highland Prep High School
Mark O'meara
Sports Complex

January 2nd & 3rd
Boys
4th - 12th Grades

Saturday : 9:00 a.m. to 3:00 p.m.
Sunday: 9:00 am to 3:00 pm

Cost: \$195.00



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